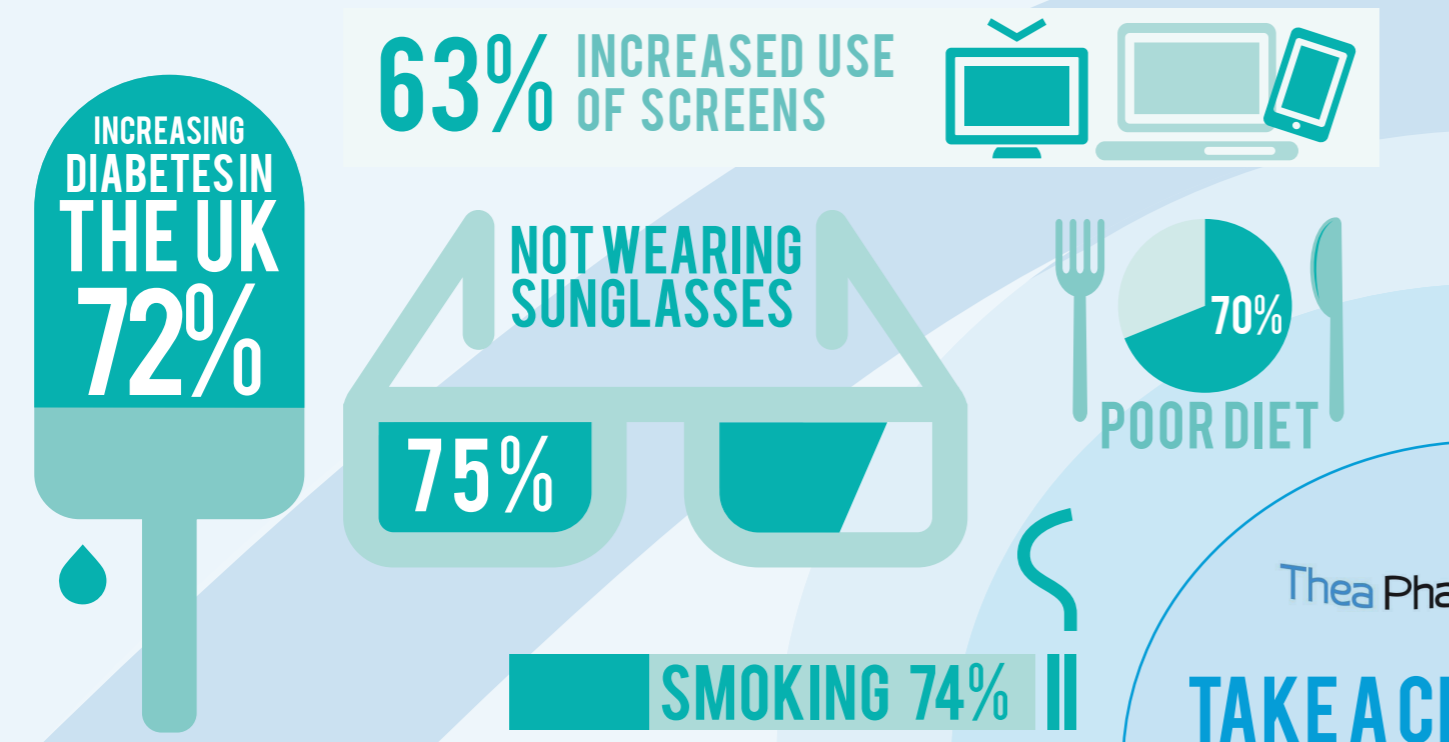


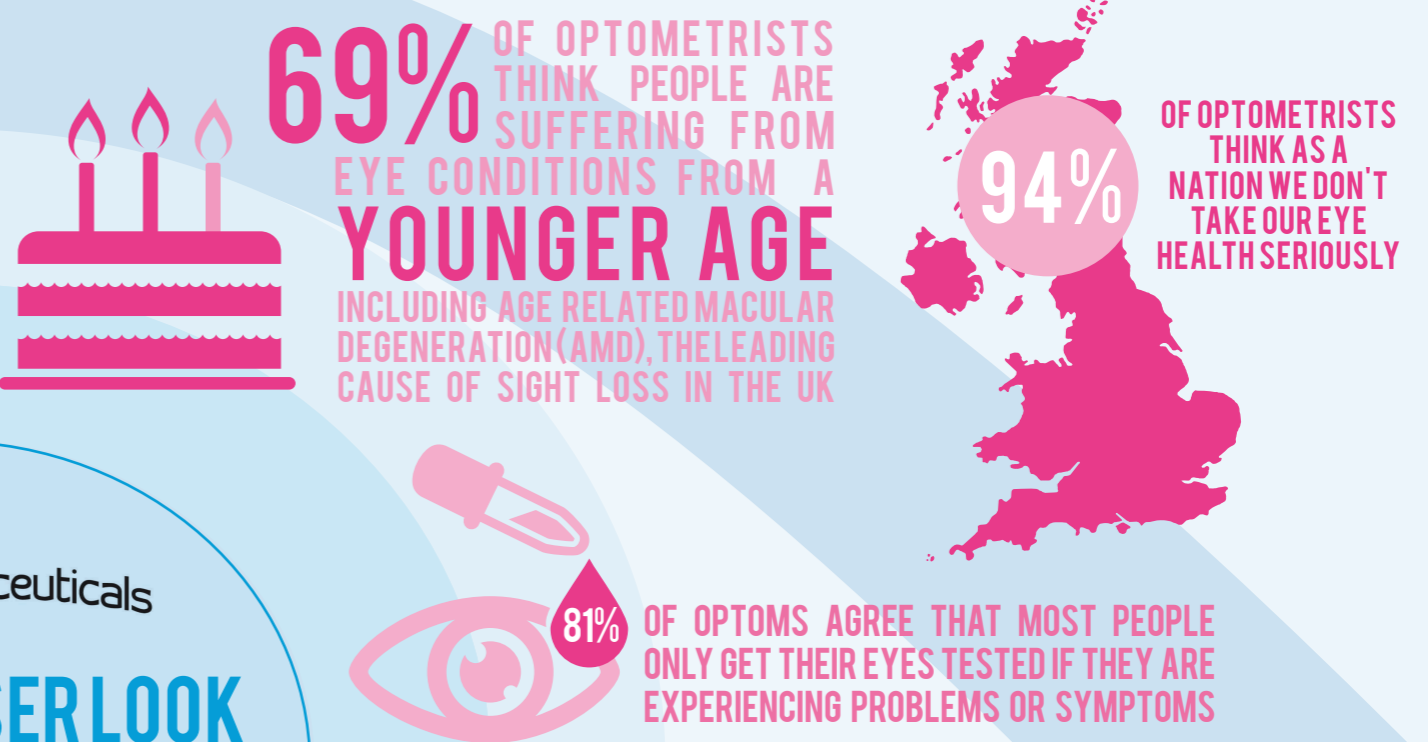
# 1 MODERN LIVING

THE LIFESTYLE OF UK ADULTS COULD BE HAVING SERIOUS EFFECTS ON EYE HEALTH. OPTOMETRISTS BELIEVE FACTORS AFFECTING EYE HEALTH INCLUDE:



# 2 CURRENT SITUATION

SO WHAT'S GOING ON WITH EYE HEALTH RIGHT NOW AND WHY SHOULD YOU BE SO CONCERNED?

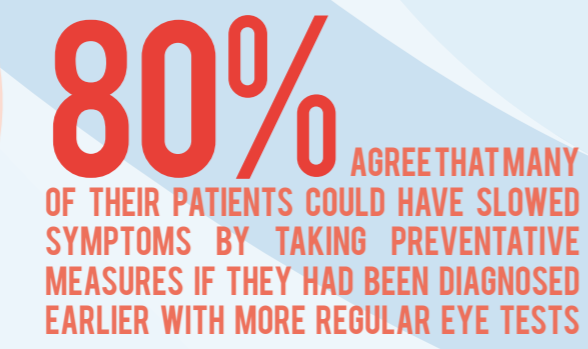
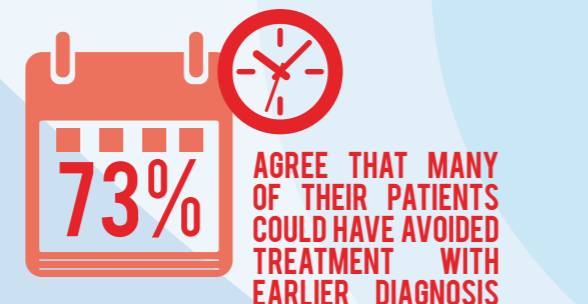


Thea Pharmaceuticals

**TAKE A CLOSER LOOK AT YOUR EYE HEALTH**

WITH SERIOUS EYE CONDITIONS ON THE RISE OPTOMETRISTS HAVE GROWING CONCERNS ABOUT THE FUTURE OF OUR EYES AND HERE'S WHY.

MOST OPTOMS BELIEVE THAT PEOPLE SHOULD START THINKING ABOUT PREVENTATIVE MEASURES FOR CATARACTS AND AMD BEFORE THE AGE OF 20



DON'T WAIT UNTIL SYMPTOMS OCCUR

**BOOK IN REGULAR CHECKS**

ALWAYS ASK ABOUT PRESERVATIVE FREE EYE DROPS. LONG TERM USE OF PRESERVATIVES CAN CAUSE DAMAGE TO YOUR EYES

VISIT [WWW.YOUREYEHEALTH.CO.UK](http://WWW.YOUREYEHEALTH.CO.UK) TO FIND YOUR LOCAL OPTOMETRIST AND BOOK IN AN APPOINTMENT TODAY

# 3 PREVENTION IS BETTER THAN CURE

THE EXPERTS ADVISE TO GET CHECKED EARLY TO HELP REDUCE THE CHANCES OF DEVELOPING MORE SERIOUS EYE PROBLEMS IN LATER LIFE.

# 4 YOUR EYE HEALTH

SEE THE EXPERTS IN EYE HEALTH. BOOK AN APPOINTMENT WITH YOUR LOCAL OPTOMETRIST WHO CAN SPOT ANY EARLY WARNING SIGNS