

# Demodex Blepharitis



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# What is demodex blepharitis?

Demodex are common and naturally occurring mites that live in the eye lash follicles. Usually they cause no problem but in large numbers they can lead to longstanding blepharitis (eyelid inflammation) which, unfortunately does not improve with conventional treatment.

## What are the symptoms?

The same as most types of blepharitis, symptoms may include red irritated eyelid margins, dry eyes, red eyes, tired eyes and itchy eyes. Many people can suffer for years trying every treatment without seeing an improvement.

## How is it treated?

Because demodex does not respond to conventional treatment it must be treated in practice by our optometrists using a special cleaning technique and the application of a special solution to the eyelids. You will then need to continue to perform conventional eyelid hygiene measures and potentially repeat the in practice treatment every six months or so to keep symptoms under control.

## Vision+ for eyelid health

You can join our Vision+ programme to pay for the ongoing treatment of demodex. This includes all your other eye care and regular examinations as well as receiving generous discounts on glasses and contact lenses.

Find out more at [www.cameronoptom.com/demodex](http://www.cameronoptom.com/demodex)

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