

Ortho-K at Cameron Optometry



CAMERON
OPTOMETRY
EDINBURGH

What Is Ortho-K?

Ortho-K is a vision correction therapy that provides clear, comfortable vision without the need to wear contact lenses during the day. Ortho-K is ideal for low to medium short-sighted people who:

- want clear natural vision all day, every day
- have considered refractive surgery because of the freedom it provides, but are worried about the risks
- find soft contact lenses do not fulfil the comfort demands their lifestyle places on their eyes
- are involved in recreational and sports activities where periods without wearing contact lenses is ideal.

So how is this possible?

Ortho-K is a specially designed contact lens that gently and subtly reshapes the cornea, at the front of the eye during overnight wear, a process called orthokeratology. Once the full effect has taken place, the new shape of eye neutralises your natural short-sightedness so you can see clearly during the day without glasses or contact lenses. With Ortho-K lenses you will benefit from:

- freedom from contact lenses and glasses during the day
- very easy adaptation, only overnight lens wear required
- a comfortable, semi-permanent alternative for the correction of short-sightedness
- a safe vision correction therapy without surgery.

Our expertise

Our optometrists are experts in contact lens fitting, some of the most experienced in the country. We fit contact lenses for the most complex of prescriptions so you can rest assured that your vision is in safe hands.

Ortho-K is available on our Vision+ programme for £48.98pm. An initial fee of £150 (or £99 for existing Vision+ patients) covers all fitting appointments and your first pair of lenses. Further information and terms can be found at cameronoptom.com/OrthoK.

Cameron Optometry

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